

Lehi Community Council Newsletter

Asset #38

Self-Esteem

Doing the following can help your children feel good about themselves:

- *Express your love for your children regularly and often. Show them and tell them every day how much they mean to you.*
- *Write specific things you like about your child on Post-It notes. Hide them around your child's room.*
- *Celebrate each child's uniqueness. Find something special to value and affirm, whether it's a sense of humor, computer skills, singing voice or wonderful smile.*
- *When you kids make mistakes or bad choices, separate the deed from the doer. The choice is bad, not the child.*
- *Treat your children with respect. Listen without interrupting; talk without yelling.*
- *When your kids ask for something and you say no, try to give a reasonable explanation for your decision. This is common courtesy.*

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Mark Your Calendar for December's Interfaith Event!

The "Celebration of the Birth of Jesus," with musical presentations, will take place on December 18 at the Lehi Stake Center from 5 p.m. to 9 p.m. There will be a Children's room as well as a Bethlehem room. Contact Phil Hitz 766-9556.

Service Opportunities

Make Holiday Decorations

Fill gift bags and stockings with Christmas treats, cards, small toys, stuffed animals, pens, markers, pads of paper, crafts, toothbrushes and other supplies that can be donated to non profit agencies, nursing homes and youth correctional facilities. Please coordinate these donations in advance so the agencies receive them in early December.

Deliver Christmas Presents

Groups of volunteers from clubs, schools, churches or workplaces are invited to help sort and deliver gifts from the Angel Tree at Shopko to families within the community. Deliveries will take place through the month of December. For more information, contact Stephanie at 374-8108 to arrange a time to volunteer.

Donate Christmas Presents

Volunteers are needed to collect and donate new toys for low income children

on native reservations. All donations need to be collected by the end of November and there will be a huge gift wrapping project on December 10th. For more information, contact Debbi at 491-0638 before beginning collections to help coordinate efforts.

Giving Tree

We still have some items on the Giving Tree. Call Jill MacKenzie 472-4744 to donate.

Auditions for Little Shop of Horrors will take place in December. Contact Jean Hatch 768-8767.

Scouts are needed right now and in the spring to help clean up Dry Creek Park (Hill Creek). contact DeWayne Sorensen at 768-7120 x21

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- *Encourage your children to keep a journal of their accomplishments. This eventually becomes a "savings account" of positive feels. Or keep a family "We did it!" journal. At family meetings, have family members individually name things they've accomplished, or things they've noticed other family members accomplish. Periodically celebrate these successes.*



Applications are being taken for the Lehi Christmas Yard of the Month.

All residents are eligible. Detail, presentation, creativity and eye appeal will be some of the criteria for the judging. Four winners will be selected. Winners will receive \$50 power bucks to go toward their Lehi Utility bill. Nominations are encouraged, but not required. All nominations will appear in the Lehi Ledger and Lehi Free Press with a map to invite families to come and see all of the Holiday lights. Please submit nominations to Scott Bunker at 768-0913 or email at sbunker@provo.utah.gov.

Deadline for applications is December 13 by 9 p.m.

National Do Not Call Registry

The National Do Not Call Registry gives you a choice about receiving or refusing telemarketing calls at home. The following internet address and toll-free number can be used to obtain more information, and to register your telephone number(s) on the national database: <https://www.donotcall.gov/default.aspx> or call 1-888-382-1222.

Outdoor Pool Update

An assignment has been given by the Mayor and the City Council to the Lehi Parks and Trails Advisory Committee to research, gather citizen input and make recommendations on the future use of the old Lehi outdoor pool complex. The process they plan to follow will be:

1. Getting neighborhood input through a neighborhood meeting.
2. Creating a survey for the general public to go out in the utility bill.
3. Hold a community wide open house.

They have already started this process and hope to finish it in March. Recommendations will be made by Lehi Parks and Trails Advisory Committee. The final decision will be made by the Lehi Mayor and City Council.

Family Literacy Contest Winners

Total entries = 1,374

Total minutes = 27,480 minutes

Papa Murphy's Pizza - 2 free large 3-topping pizzas (4 prizes)

JESSICA HENRIE

JAMES HAWS

ALYSSA THAYN (ALEESA)

JORDIN CHRISTENSEN

Reams Western Outfitters - \$20 gift Certificate

(kids boots are now on sale for \$20)

KAITLYN MCKENZIE

Corinas Restaurant - \$50 gift Certificate

PRESTON POWELL

Country Loft - Let's Play Croquet (colorful indoor/outdoor set - ages 3+ value = \$50)

CHANDLER CHRISTIANSEN

Kohler's - Shopping spree Saturday at 10 a.m. (See Details in store) 5 minutes, winner only does it, Western Family only, limit one per item.

ALEXIS PIERCE

Country Loft - Astronomical Telescope (ages 12+ value = \$150)

ZACH JARNADIN

Albertson's - Gigantic teddy bear (\$60 value)

JERICA BIRD

One Man Band - Schwinn Sting Ray Bicycle (West Coast Chopper with fat rear tire - value = \$170)

ROBBY ROWLEY

To contribute to this newsletter, please contact Linda Turner, 768-1102, ltturner@networld.com, or Kelly Wanlass, 766-2362, kelly@wanlass.com. Visit www.lehicity.com for an online copy of this newsletter.